

# ACTION CARD

- VOLUNTEER - join the Friends Team
- DONATE - give to our local sexual assault or domestic violence agencies
- RAISE AWARENESS - share our "11 Things Men Can Do" posters
- EDUCATE YOURSELF - watch all of the "11 Things" videos on our website
- DO MORE – share other ideas you have to help be part of the solution

NAME (print neatly) \_\_\_\_\_

EMAIL (print neatly) \_\_\_\_\_

PHONE (print neatly) \_\_\_\_\_

- Add my name to the Voices of Men email list
- Add my name to the "White Ribbon Pledge" list on voicesofmen.com
- Contact me about a program (presentation, starting a school chapter, etc.)



\*feel free to write any ideas/notes to us on the back of this card  
\*if you check any of the 8 boxes above, we'll follow-up to offer support

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